



All our learning this half term is themed around our topic of **People who Help Us**



**Focus area: Communication and Interaction**

We will use Mondays as a day to talk about our weekend news through pictures sent from home. The children will be encouraged to ask each other questions. New vocabulary learnt through our topic will be offered through the added support of symbols and Makaton signs whenever possible. This will also be practised in 1:1 sessions to practise more personal speech and language skills.

**Focus area: Social, Emotional Wellbeing and Mental Health**

We will continue to build on our and others' feelings, communicating them through the Zones of Regulation. When thinking about others' feelings, we will explore ways in which we can be kind and thoughtful.

**In PSHE our puzzle is Keeping Healthy.**

We will learn about how it feels to being and keeping safe and healthy

**Focus area: Independence and Self Help and Preparation for Adulthood (Life Skills)**

We will learn about participation in the community and independent living. We will be learning how our bodies change throughout our lives. We will be discussing about personal hygiene and keeping ourselves healthy.

**In the complementary areas of our curriculum (understanding the world, expressive arts and design, sensory and physical development, mathematics, literacy and RE) some of the tasks we will do are:**

- Looking at which people help us in the community. We will look at people in school that help us and then in the local community. We will investigate what their job entails.
  - We will investigate Safe Strangers in the community that could help us
  - We will practice how to ask for help if we need it and phoning 999.
  - Exploring a range of different non-fiction books and stories about People who help us, e.g. Superheroes like you
  - Research our own Superheroes and how they help us in our lives.
  - Develop mathematical knowledge around the area of measurement – especially length and height.
- Our PE days this half term are Wednesday and Fridays